

## Risk assessment

Name of activity, event, and location	<b>Camping (Fells Marathon overnight site)</b>	Date of risk assessment	04 April 2026	Name of person doing this risk assessment	Fells Marathon Team: Josh Railton Rachael Macadam Gary McCune
		Date of next review	04 April 2028 (or when a significant change occurs)		

What hazard have you identified? What are the risks from it?	Who is at risk?	How are the risks already controlled? What extra controls are needed?	What has changed that needs to be thought about and controlled?
Hazard - travelling to campsite by car/minibus	Leaders, Helpers & Young Persons	This is managed by Event Support Team – no other vehicles are allowed to visit the overnight site.	
Hazard – Manual handling of equipment Risk - straining muscles	Leaders, Helpers & Young Persons	Do not lift heavy objects. Where possible break down the load or lift in pairs. Use trolleys on site where possible. Stop lifting if pain or discomfort is experienced.	
Hazard - setting up tents Risk - tent collapsing	Leaders, Helpers & Young Persons	No running to be allowed around the tents. Ensure tents are erected on flat and level ground where possible. Competent adult to check tent erecting skills of young people. Guy ropes to be tensioned	
Hazard - free time	Young Persons	A separate risk assessment has been produced for this risk and mitigations as set out in that document which should be followed	
Hazard - Night time	Leaders, Helpers & Young Persons	At night the lighting is limited This will cause additional risks to trip hazards from guy ropes, equipment, moving around the campsite and getting lost. Movement recommended in pairs as necessary. Ensure everyone is familiar with site layout and where toilets, water, leader etc. are located before dark. Torches to be used. Dangerous areas should be marked and isolated where possible.	

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Hazard - fire	Leaders, Helpers & Young Persons	No open fires to be allowed on site. All cooking to be undertaken on group stoves. Log burner used by Site staff to be controlled. Additional support required from site wardens if necessary.	
Hazard - Cooking on camp Risk – burns, scalds, cuts	Leaders, Helpers & Young Persons	Danger of fires and burns. Fire can be predicted by poor management of cooking and 'open fires'. Electrical equipment and flying debris can also instigate fires. Ensure all cooking is in appropriate areas. All gas cylinders not in use to be stored away from camp. Those cylinders in use must be connected/stored outdoors. All gas hoses and connections to be checked.  No smoking in cooking areas – Over 18s must have dedicated smoking area if required. Groups are carrying first aid kits. Trained first responder available as part of Campsite Team with first aid kit. Ensure tents are appropriately spaced.	
Hazard - food poisoning/allergies	Leaders, Helpers & Young Persons	Wash hands before handling food. Teams are bringing food that is simple to cook, easy to store and dried Teams should be familiar with cooking the type of food they have Campsite staff are available for support if needed. Teams are providing own food to cater for any allergies and dietary requirements. Any serious allergies will be notified to the Campsite Team.	
Hazard - fire on site Risk - Injury/death	All	Ensure safety briefing given for meeting point in case of evacuation.	
Hazard - infection	Leaders, Helpers & Young Persons	Medical attention as required. Fresh water and hand washing facilities to be provided.	

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Hazard - animals Risk injury by roaming animal	Leaders, Helpers & Young Persons	Scouts to be reminded not to approach stray animals or to enter fields with animals without the agreement of an adult.	
Hazard - chemicals/hazardous materials Risk -injury/death	Leaders, Helpers & Young Persons	Young Persons instructed not to approach unknown containers and cleaning products etc to be stored away. If anyone comes into contact with substances; wear PPE. If required, seek medical attention immediately. Record details of any substances, location, and label information	
Hazard - Adverse weather  Risk – Exposure	Leaders, Helpers & Young Persons	Adverse weather can cause and aggravate health conditions. Ensure a covered meeting area is available, and criteria for event cessation (in agreement with Event Director). Observe weather reports and consider if appropriate to continue. Ensure protective / Appropriate clothing is worn - kit list includes clothing appropriate for hot and cold/wet weather (layers).	
Hazard - Dehydration	Leaders, Helpers & Young Persons	Ensure water locations are known and potable water supplies are available. Encourage young people to stay hydrated.	
Hazard - Steep slopes and adverse inclines/drops	Leaders, Helpers & Young Persons	Observe signposting, observe weather as this will affect surfaces. Beware instability indicators, etc. Ensure suitable footwear is worn, observation and medical treatment. Ensure maps are available.	
Hazard - Child protection	Leaders, Helpers & Young Persons	All supervising adults to be aware of Child protection issues and hold a current Scout DBS, as well as having completed their mandatory training. No young people to sleep in same room or tent as adult. Plan for 2 adults to be present at all times.	
Hazard - injuries requiring medical attention Risk Injury	Leaders, Helpers & Young Persons	First aid kit to be available and first responders on camp. Young persons/adults to be taken to A&E if required.	

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<p>Hazard - losing a young person Risk - injury/death</p>	<p>Leaders, Helpers &amp; Young Persons</p>	<p>Young people are checked on to the site (when finishing the hike) Teams to ensure all of their team members are present.</p>	
<p>Hazard - Carbon monoxide Risk - death</p>	<p>Leaders, Helpers &amp; Young Persons</p>	<p>All cooking to be away from tents. Be careful of changing wind patterns.</p>	
<p>Hazard leader/young persons falling ill Risk -</p>	<p>Leaders, Helpers &amp; Young Persons</p>	<p>Ensure site survey and area is familiar to all supervising adults. Emergency contact details to be available and procedure confirmed.  Young people to speak to Campsite Support Team who can if necessary contact Event Control for support.</p>	